

New Over-the-Counter Medication Requirements



CAMP McDOWELL

Dear Parent/Guardians,

Due to requirements from the AL State Board of Nursing, the Camp McDowell nurse will no longer be able to offer Over-the-Counter (OTC) medicines from Camp stock medicines. These requirements are probably similar to what your school requires regarding OTC medicines given during school.

Parents may want to contact their child's primary physician, or health care provider, and ask the physician to inform the McDowell Environmental Center Nurse of any health or medical restrictions for your child.

Please take note of the changes to the McDowell Environmental Center Health form. In addition to providing current prescription information there is now room to provide information about OTC medicines **you will be providing** for your child while they are at camp.

Please Note: All OTC medicines will be given following manufacturer's recommendations. If your child is younger than 12 and the medicine sent is not recommended for children younger than 12, a signed statement from the child's physician or health care provider authorizing administration of the OTC medicine will be necessary.

Suggested over-the-counter medicines: something for pain/fever [ex. Children's Tylenol or Ibuprofen], something for allergy relief [ex. Benadryl], and something for upset stomach [ex. Tums]. You may wish to consult with your child's physician or health care provider regarding what medicine[s] to send.

If your child is bringing nasal sprays or inhalers and you wish your child to keep and self-administer them then written authorization must be received from your child's physician.

If you have any questions regarding this new policy please contact the camp Nurse at (205)387-1806 or rn4cmcd@hotmail.com.

Respectfully,

N. Evans R.N.

Nancy Evans, R.N.
Camp McDowell

Maggie

Margaret Wade Johnston
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CMCD